

UNDERAGE PAGE

Oscars get Jacked

• A Q&A with Hugh Jackman about hosting the 2009 Oscars.
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Jonas Brothers give hot performance at '08 summer concert

BY HARTLEA HEATH
BELTON MIDDLE SCHOOL

son could be easily lost. As I pulled up into the venue, all I

CONCERT REVIEW

could hear were screaming teenage girls. It took several long hours, standing in the blazing afternoon sun, before we finally got inside the venue.

As I sat in my seat, the opening act, Demi Lovato, came out to sing. You might know Demi as "Mitchie" in "Camp Rock" and her debut album "Don't Forget," which the Jonas Brothers helped write



six songs for. The Jonas Brothers are featured in her song "On the Line." Lovato's

album came out on Sept. 23, 2008. Tyler Roden, a seventh-grad-

er at Belton Middle School, says, "As I was sitting in my seat, I could hardly wait to actually see the Jonas Brothers!"

Finally, at 8:30 in the evening, lights, lasers and fire started shooting everywhere on stage!

Suddenly the Jonas Brothers popped out from under the stage, singing their hit song "That's Just the Way We Roll." The concert was so loud that it was difficult to hear the three siblings singing! The brothers sang many songs from their self-titled album,

such as "S.O.S." and "When You Look Me in the Eyes" and from their new album "A Little Bit Longer," songs like "Burning Up," "BB Good," and "A Little Bit Longer."

Everyone was laughing and screaming the whole entire concert.

"After the concert I felt so deaf!" Roden said. "It was fun though."

Everyone was very disappointed when the concert ended. I am one devoted fan who certainly hopes that the Jonas Brothers come back to Texas on their next tour.

Teen stress

BY TORI ARELLANO AND RACHEL BERMAN
HOLY TRINITY HIGH SCHOOL

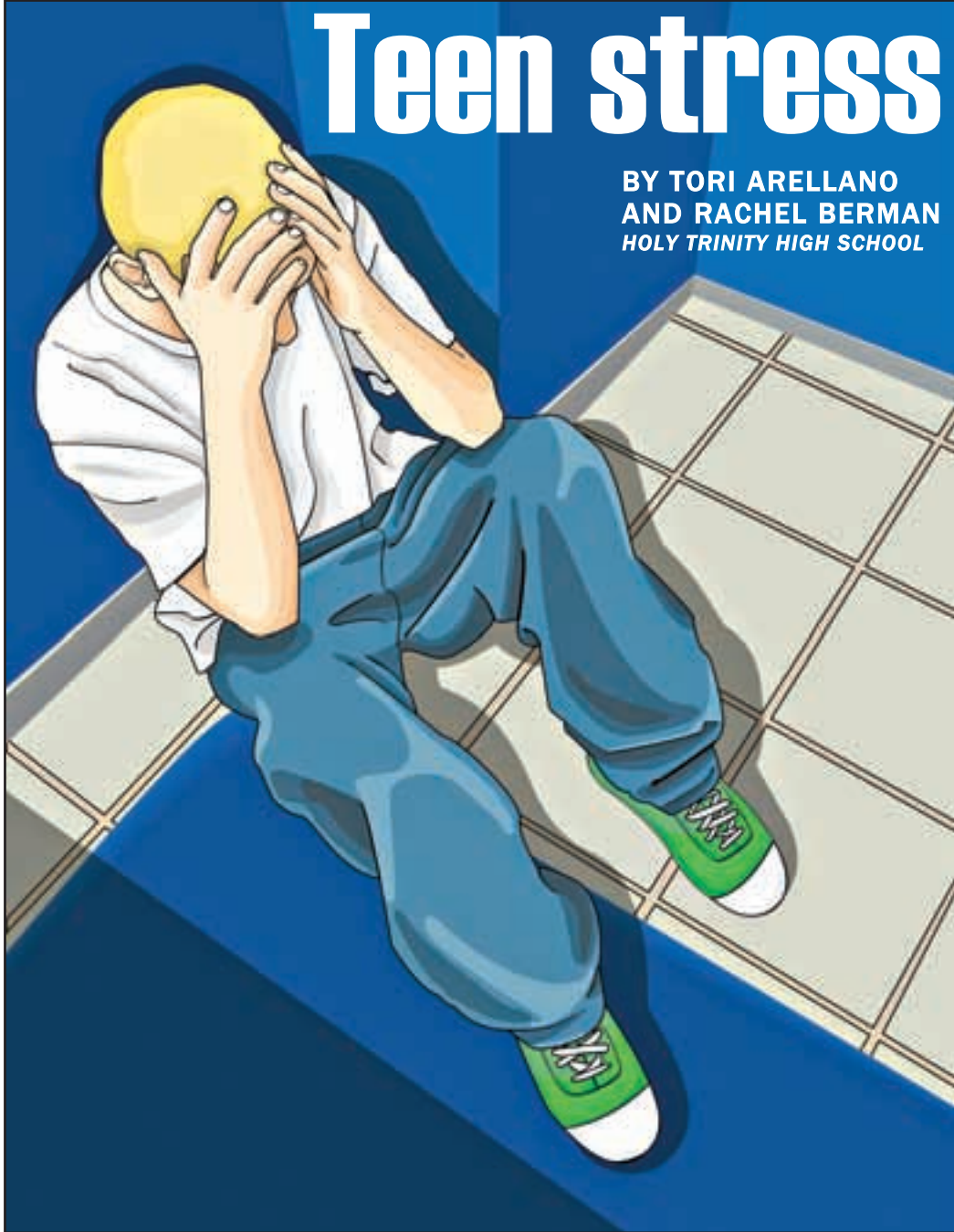


Illustration by Jonathan McGinnis

How to deal

And who you can turn to

Stress is common and varies in the way it is expressed. And teens aren't immune.

Teens have to deal with the stress of high school, grades, parents, friends, dating. The most overwhelming just may be the inability to consistently understand their emotions and cope with social pressures.

Teenagers may find it hard to focus during school or sports, and may have trouble getting a healthy amount of sleep every night.

Some of cry about it, talk about it, or keep it inside. Generally, they want to overcome the feelings and be content again with their lives.

In high school, having the support of family and friends is important for good self-esteem and determination. Teenagers with lack of support consequently have a harder time dealing with life's tough tasks. Teens who don't have the benefit of support from either their family or friends, may find help with a school counselor who is there to provide the appropriate push the students need to get back on track.

"I listen to the students. I'm here to help them try and come up with solutions to their problems," said Holy Trinity's school counselor Cheryl Sanders.

In a survey taken by the students of Holy Trinity, the main causes for stress in their lives are due to familial issues, overwhelming amounts of school work, relationship problems and low self-confidence.

"Yeah, I do get depressed. Actually, I get more angry than depressed," Holy Trinity freshman Mara Stonebrook said. "I feel really bad when I get bad grades on my report cards. I listen to music, like sad

songs, and I feel better. I like to hear people talking about their problems in a song when I'm upset, and then I don't feel like my problems are so bad."

"I could give someone a book or some music that might show them that there are more things to life than just boys or girls," freshman Natalie Fyffe offered.

More than half of the students confessed that they do not have a sleeping habit that puts them in a good mood in the morning when they wake up.

Stressful situations in life are unfortunate and ultimately inevitable. These situations can be opportunities that help you learn how to deal with the scenarios in a healthy manner or how to help other people during stressful times.

"Being depressed isn't just sweating the small things and getting upset all the time. I was formally diagnosed with depression," freshman John Whittle said. "I became depressed from receiving a continuous string of bad grades, teachers that were not motivational, and not having the support I needed from my friends."

If a classmate or friend seems depressed or stressed about something, sometimes all they need is someone to talk to.

"If one of my friends at school was depressed, I would take them out and let them meet new people they don't know so they can get whatever is stressful out of their mind. If they were depressed about school I would help them keep track with their school work," Fyffe said.

Providing supportive advice and a helping hand to others during hard times is a favor that anyone should be able to appreciate.



Name: Donovan Shumpert
Age: 16
School: Temple High School
Grade: 11
Parents: Stephanie and Darrell Gaines
Grandparents: Vickie and L.C. Bradley and Cheryl Thompson, all of Temple

SPOTLIGHT ON YOUTH

Goals in Life:

My number one goal is to become a veterinarian and I plan to achieve that goal by earning an athletic scholarship to college.

What's important to you?

My family, church, sports, and working with animals are important to me. Without the Lord in my life and my family to support me, I wouldn't be as successful as I am today. Sports keep me focused so I can achieve my goal of becoming a veterinarian to help animals.

Who is Donovan?:
Starting point guard for the Temple High School Wildcat basketball team.
Member of the Bell County Gunslingers Riding Club.
Participant in statewide trail rides for the last five years.
Member of St. James United Methodist Church.
Member of Future Farmers of America, competing in horse judging regional competition.
Participates in Veterinary Science classes at THS.

SPOTLIGHT ON YOU



Each week the Temple Daily Telegram will profile an outstanding Central Texas high school youth. Selections are made with the assistance of school administrators, teachers and other members of our Central Texas communities.

If you would like to nominate a student for the Spotlight, contact Jerry Prickett at jprickett@temple-telegram.com, or call 254-778-4444 ext. 225.

Information needed is name, school, grade, parents, grandparents, accomplishments, goals in life and "what's important to you?" (in 50 words or less).

Photos may be e-mailed in .jpg or .tif format or sent to the Temple Daily Telegram, Attn: Spotlight, P.O. Box 6114, Temple TX 76503.

Submissions should include both day and night phone numbers in case there are questions about the information.



Name: Madeleine Daugherty
Age: 17
School: Belton High School
Grade: 12
Parents: Timothy and Becky Daugherty
Grandparents: Gordon and Sue Daugherty, Ralph and Glenda Bassett

SPOTLIGHT ON YOUTH

Goals in Life:

Attend Howard Payne University, where I will play tennis. I plan to major in cross-cultural studies.

What's important to you?

God is the most important part of my life. He has blessed me in so many ways and I am so glad He leads me through life. Without Him, my life would be pointless. My family is also very important to me. We all give each other support and love and we spend time together when we can. I am especially proud of my Dad, who is currently serving his fifth tour in Iraq.

Who is Madeleine?:
Three-year member of Madrigal (most valuable soprano)
Environmental Science Club
Four-year member of varsity tennis (MVP)
All-region choir member
Secretary of choir
National Honor Society
Immanuel Baptist Church Praise Band

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